

Abstract

The Students who step up from primary grade to junior secondary level show rapid changes in physical health, cognitive and social development, with the above changes they participate in co-curricular activities in addition to class room education

During this period school management is notified to pay special attention to investigate and take suitable steps to achieve expected standard in that field.

The above survey was conducted with four objectives. The main objective was to ascertain the present standard of co-curricular activities. Secondly investigate and study the method to be adopted when achieving targets. The third objective was to study the obstacles that may encounter at the school. Final objective was the suggestions for the effective use of co-curricular activities.

This study programme was conducted with four schools which are grouped under type 1 "C". These schools were located within Badulla provincial department zone in uva province. It is included four principals, 05 students from junior secondary section and 5 students from senior classes from each school. In addition to the above, 10 teachers from each school and 4 parents from each school, were also attended to take part in this programme. The total sample consisted of 100.

The methods adopted in finding data for the above study was conducted by questionnaires and interviews which come under survey design. Quantitative data analysis was adopted as percentiles and ranking of responses. In addition to the above qualitative analysis was to be carried out effectively. The above survey study reveals that students participation for Aesthetic and sports activities were comparatively higher than the other co-curricular activities. The main reason for the above difference was mainly due to poor participation by the school management and scarcity of resources, in schools also partly contributes to this effect.

In this survey, the following suggestions had been presented for proper management of co-curricular activities. Among them, student's contribution to the above activities compulsory, Appointment of trained teachers, and provide needed resources. Relevant school management to be notified with successful work programme to achieve targets in future Endeavors.